

# Partner's Empowerment Group



A group centered on helping women who have a partner struggling with compulsive sexuality, love addiction, serial infidelity, obsessive relationships, and more. This group is centered on the task approach developed by Dr. Patrick Carnes.

## *Issues addressed include:*

- The Trauma of Discovery
- Grief and Loss
- Managing the Crisis and Emotional Aftershock
- Reclaiming Your Sexuality
- The Nature of Sex Addiction
- Choosing Your Next Steps
- Effective Communication
- Sexual Anorexia – The Mirror of Sex Addiction
- Mindfulness
- Deepening Healing for Profound Life Change
- Healthy Relationships and Healthy Boundaries
- Making Empowered Choices

## Facilitated by:

**MaryAnn Bodnar**  
**LMHC, CAP, CSAT, TEP**

**7:30 - 9:30 p.m., Wednesday evenings at  
611 West Bay Street, Suite 1G, Tampa, FL 33606**

**Starting  
1/24/18**

**\$75 per session  
8-week commitment required**

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